

App State Psychology Clinic Undergraduate Internship

About the Clinic & Team

Located off-campus in University Hall (400 University Hall Drive, Boone; accessible via Appalcart & with free on-site parking), the App State Psychology Clinic provides evidence-based assessment and therapy services for adult and child populations across the High Country. Frequent referral partners include App State offices (e.g., Disability Resources) and local medical practices.

Interns work alongside our full clinical team, including staff clinicians, graduate student trainees, and Clinic Directors Dr. Jacqueline Hersh and Dr. Hannah Holmes.

Internship Responsibilities

Undergraduate interns get to see the inner workings of a community clinic with a training emphasis; they assist with general clinic administration and clinical support tasks, including:

- **Clinical Assisting:** Conducting initial phone screenings with potential clients and scoring psychological questionnaires.
- **Literature Reviews:** Reviewing and synthesizing literature on evidence-based clinical practices.
- **Team Supervision:** Attending weekly group supervision meetings (Mondays or Wednesdays, 9:00 AM – 11:00 AM) to review case formulations, treatment plans, and didactic topics.
- **Administrative & Operational Support:** Photocopying, scanning, creating client folders, labeling, and entering client deidentified data for research or administrative projects.

Optional Learning Opportunities (Outside Scheduled Hours):

- **Video Observation:** Viewing recorded assessment and therapy sessions as video availability permits. Note: Video observation is an independent learning opportunity for students in their outside/extra time and is not built into required internship hours.

Note on Direct Client Interaction: While interns occasionally assist with or observe live therapy sessions, these opportunities depend entirely on current client caseloads and clinical appropriateness. Direct client contact cannot be guaranteed.

Desired Qualifications

- **Academic Record:** Strong academic performance; completion of relevant coursework (e.g., *Abnormal Psychology* or *Psychopathology*).
- **Communication & Collaboration:** Excellent verbal communication and interpersonal skills; cooperative attitude with the ability to work well independently and in team settings.
- **Personal Attributes:** High attention to detail, adaptability, and professional conduct.

Educational Objectives

- Gain exposure to evidence-based psychological assessment and therapy, including how we evaluate symptoms and impairment for various disorders or symptom clusters and what our commonly used measures are.
- Learn how evidence-based practices are tailored to client-specific factors, including presenting problems and sociocultural contexts.
- Experience the day-to-day operations and team dynamics of an active clinical setting.

Schedule & Credit Requirements

- **Time Commitment:** 8 hours per week (equivalent to 3 credit hours) during the semester.
 - **2 hours:** Weekly team staff meeting (Monday or Wednesday, 9:00 AM-11:00 AM).
 - **6 hours:** Scheduled across 2 or 3 days (Mon–Thurs, between 9:00 AM-5:00 PM).
- **Course Credit:** Interns must formally register for **PSY 4900**. Note that PSY 4900 also includes a required department class meeting (typically held once a week on zoom).
- Note: The clinic does not currently offer summer internships.

Application Process & Deadlines

1. **Information & Survey:** Attend a Psychology Department internship info session and complete the Internship Interest Survey emailed by a department representative.
2. **Submit Application (due the semester BEFORE internship starts) by emailing your completed application and CV/resume to asupsyhclinic@appstate.edu:**
 - **Fall Semester Deadline:** February 15
 - **Spring Semester Deadline:** September 25
3. **Reference Form:** Must be emailed directly by your reference to asupsyhclinic@appstate.edu within one week of the application deadline.
4. **Course Registration:** Complete required paperwork to register for internship hours by the Psychology Department deadline (typically the semester before the internship begins).

For questions regarding department internships, please thoroughly review the department internship website [here](#). If questions remain, contact Lauren Disselkoen (psyintern@appstate.edu).

Evaluation Criteria

Interns are evaluated by Dr. Jacqueline Hersh and clinic administrative staff based on:

- Attendance, punctuality, and adherence to assigned hours.
- Follow-through and accuracy in completing tasks.
- Professional conduct, interpersonal empathy, and teamwork.
- Active participation and motivation to learn during supervision and tasks.